



Driving Directions to Inside Out and Within Colonic Spa from various Houston locations.

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From Hwy 59 South to The Beltway 8 North

Take 59 South Victoria traveling towards Richmond Texas & Victoria Texas; You will pass Sharpstown Mall, Fondren Ave, Bissonnet Blvd; exit onto the Beltway 8 heading North. Exit Bellaire Blvd and make a left. Travel down Bellaire, passing at least 6-8 traffic lights. Approaching Hwy 6 you will pass the Fiesta Supermarket, crossing Hwy 6 you will pass a Randall's Supermarket, Walgreen's and Luby's Restaurant. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS.



From 59 South to Bellaire Blvd & Sharpstown Mall

Take 59 South heading towards Sharpstown Mall. Exit Bellaire making a right onto Bellaire. Pass up Sharpstown Mall; pass up at least 8-10 traffic lights including the Beltway 8. Approaching Hwy 6 you will pass the Fiesta Supermarket, crossing Hwy 6 you will pass a Randall's Supermarket, Walgreen's and Luby's Restaurant. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep going and you will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS.



From Beltway 8 South to Bellaire

Take the Beltway from the North side of Houston traveling to South West side of Houston and exit onto Bellaire Blvd. Make a right onto Bellaire. Travel down Bellaire, passing at least 6-8 traffic lights. Approaching Hwy 6 you will pass the Fiesta Supermarket, crossing Hwy 6 you will pass a Randall's Supermarket, Walgreen's and Luby's Restaurant. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving and you will see a Community Park to the right; make a LEFT at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS.



From Beltway 8 North

Traveling the Beltway from the South Side heading North you will exit Bellaire and make a left. Travel down Bellaire, passing at least 6-8 traffic lights. Approaching Hwy 6 you will pass the Fiesta Supermarket, crossing Hwy 6 you will pass a Randall's Supermarket, Walgreen's and Luby's Restaurant. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS.



From 610W To 59 South

Traveling 610 West passing the Astrodome area, and passing the Meyerland area, exit onto 59 South. Exit Bellaire Blvd, make a right. Travel down Bellaire, passing at least 6-8 or more traffic lights. Approaching Hwy 6 you will pass the Fiesta Supermarket, crossing Hwy 6 you will pass a Randall's Supermarket, Walgreen's and Luby's Restaurant. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree . THE ADDRESS IS 16239 ALAMETOS.



Interstate 10-West From Downtown Houston to Hwy 6 South

Traveling I-10 West exit Addicks 6 (which is Hwy 6). Make a left onto Hwy 6. Travel down Hwy 6 heading South passing Westheimer (You will see Best Buy and West Oaks Mall to the right). You will also pass Red Lobster and Home Depot. Keep going and you will pass over an Over Pass. At the bottom of the overpass you will approach the Bellaire Blvd traffic light. At the traffic light you will see a Randall's Supermarket, Walgreen's and Luby's Restaurant. Make a right onto Bellaire. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS



From Interstate 10 East From Katy Texas To Hwy 6

Traveling I-10E Exit Hwy 6 and make a Right. Travel down Hwy 6 heading South passing Westheimer (You will see Best Buy, Bed Bath & Beyond, and West Oaks Mall to the right). You will also pass Red Lobster and Home Depot. Keep going and you will pass over an Overpass. At the bottom of the overpass you will approach the Bellaire Blvd traffic light. At the traffic light you will see a Randall's Supermarket, Walgreen's and Luby's Restaurant. Make a right onto Bellaire. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS



From Sugarland Hwy 6

Travel down Hwy 6 heading North, passing Hwy 90 at the railroad tracks. Pass Voss Rd, Bissonnet Rd, and Beechnut. As you approach the Bellaire intersection you will see a Randall's Supermarket, Walgreen's and Luby's Restaurant. Make a left onto Bellaire. Continue traveling down Bellaire Blvd and pass two additional traffic lights, which are Winkleman and Addicks Clodine. At the second red light which is the Addicks Clodine traffic light you will see GQ Dry Cleaners on the left. Passing the red light you will approach a Community Fire Station, keep driving. Keep going until you come to THE FIRST STOP SIGN ON BELLAIRE. You will see a Community Park to the right; make a left at the Stop Sign. That street is NAVIDIAD. Travel down NAVIDAD to the next stop sign, go through it. Navidad will curve to the right and change into ALAMETOS DRIVE. Come down about 6-8 houses on the left hand side and you will see a GREEN ONE-STORY HOUSE with a GREEN ANTIQUE MAILBOX and flowers under a tree. THE ADDRESS IS 16239 ALAMETOS